Overview of Pain Management

Objectives

1. Recognize our duty as healthcare professionals to relieve pain
2. Discuss the concept of "Total Pain"
3. Define the terms acute pain, chronic pain, and breakthrough pain
4. Perform basic opioid conversions
5. Define addiction, pseudoaddiction, tolerance, and physical dependence.

Course Description:

"Overview of Pain Management" presented by Jeri Burn, RN-BC, MSN, NP-C, ACHPN provides an in-depth review of pain management. The definition of pain is reviewed as well as the concept of total pain and how pain effects all dimensions of the individual (physical, psychosocial, spiritual, social, and financial). She addresses the consequences of unrelieved pain, the types and classifications of pain, and the common causes of pain in advanced illness. Did you know that 70-90% of persons with advanced illness experience pain? Ms. Burn then discusses a good pain assessment, utilizing the PQRST Symptom Analysis format, to further identify appropriate pain management. Pharmacological and nonpharmacological interventions are presented and she also works through a few case studies with opioid conversions. In summary, pain management principles are discussed.

Target Audience:

Registered Nurses and other Healthcare Professionals

Contact Hours: 1.0
0.5 designated pharmacology hours

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