Objectives

1. Identify the prevalence of dyspnea.
2. Describe the most common tools for assessing dyspnea.
3. Describe the significance of cognitive impairment on dyspnea reporting.
4. Describe the RDOS.
5. Describe evidence-based interventions to reduce or eliminate dyspnea.

Course Description:

“Dyspnea: Pathophysiology, Measurement, and Management in Palliative Care" is presented by Margaret L. Campbell, PhD, RN, FPCN. In this presentation, Dr. Campbell discusses how common dyspnea is at the end of life and reviews tools for assessing dyspnea. She also explains the importance of the patient being able to self-report dyspnea. She also explains that when the patient is unable to self-report regarding dyspnea, what can be done to assess respiratory distress. She also reviews methods to treat dyspnea both earlier and later in the disease trajectory. She ends the presentation with a case study of the interventions used to help a patient with dyspnea.

Target Audience:

Registered Nurses and other Healthcare Professionals

Contact Hours: 1.0

0.5 designated pharmacology hours

The Hospice and Palliative Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

It is the practice of HPNA to ensure fair balance, independence, objectivity, and scientific rigor in all programming. In compliance with the American Nurses Credentialing Center, we require that faculty disclose all financial relationships with commercial interests over the past 12 months.

No planning committee member or presenter has indicated a relevant financial relationship with a commercial interest unless stated.

This activity was developed by HPNA without support from any commercial interest.

The planning committee members and speaker disclose information related to conflict of interest verbally and/or on the slide presentation.